

Annexe 1: Specific rules M - Course

The course (see diagram) consists of

- 1 starting buoy,
- 3 rounding buoys and
- the finish line (32 m), and has a total length of 590 meters.

The time limit for reaching the finish line is 15 minutes 20 seconds.

The starting interval is from 2 to 5 minutes for men and women and will be determined by the organisers. In accordance with the diagram, the competitors are required to swim around the rounding buoys in sequence and cross the finish line.

The ranking of the competitors in this event is based on the addition of points awarded for:

- correctly rounding of the buoys and the accuracy at the finish line (Table I),
- speed (Table VI).
- If a competitor correctly rounds:
 - only buoy I, he will be awarded 100 points,
 - only buoy I and II, he will be awarded 250 points, or
 - only buoy I, II and III and does not reach the finish line, he will be awarded 500 points.

If the competitor reaches the finish line, he/she receives at least 501 points for correct completion of the course. In the event of a tie, ranking is determined from the elapsed time to the last correctly rounded buoy.

General diagram for the M-course

